

# Cosmic Update

What To Do & What Not To Do  
27 September – 3 October, 2021

## MERCURY RETROGRADE IN LIBRA

Are you ready? This is the third and final Mercury retrograde for the year, ending of a series of Mercury retrogrades in air signs for 2021. In Libra, it's all about – you guessed it – relationships. It's time to step back, process and use all the “re” words – reflect, review, reconnect, re-negotiate and so on.



### DO:

- Realize that communication in your relationships – especially your love relationships – it's not going to go according to plan. Things will go topsy-turvy as they always do over Mercury retrograde. Keeping this in mind, you can approach with care and consideration.
- Reflect on your relationships – romantic or otherwise – and make a few notes of what you think needs to change, once Mercury is direct again. Don't try and action anything now – even if you break up, it's usually temporary.

### DON'T:

- Give into your ex – unless there's a really good chance you can work things out. Exes pop up all over the show during Mercury retrograde, usually because closure is needed or a lesson has to be learnt.
- Make major decisions, unless you really have to. Try and wait until these tricky three weeks have passed by.



## MERCURY SQUARE PLUTO (AGAIN)

You may be forgiven for wondering if we've made a mistake here. But no, unfortunately this is really the second square of Mercury and Pluto within a few days of each other, due to Mercury going retrograde. So, here's a little recap of what to do and not to do:



### DO:

- Stop yourself from obsessing and going down a rabbit hole – distract yourself or tell your mind a big 'no'!

## DON'T:

• Give into drama or manipulation. This can be a toxic alignment, but is here to show you where your own poor mental and communication habits are, as well as the habits of others. This square has the potential to transform your thinking, if you step in and take control.



## MERCURY TRINE JUPITER

This lovely aspect can balance out the intense Mercury-Pluto square by bringing in a sense of joy, optimism and hope. Mercury and Jupiter work well together, as they represent two aspects of the mind – the rational, detailed mind, and the philosophical, expansive mind. In air signs, this configuration can be a truly ingenious energy!



### DO:

- Dream big! This is the time to think up your greatest ideas and get them down on paper. Even better is if you can enlist others to help inspire your thinking and put your thoughts into motion.
- Study. Do a workshop, attend a workshop or put some time aside to learn something you love. This is a student's dream alignment!

## DON'T:

• Get so swept up that you forget to ground yourself. This is a very heady energy, and can catapult you into space, where you'll stay if you don't have some sort of tether to the world of tangible reality.



## VENUS TRINE NEPTUNE

Venus, planet of love, is being kind to us this week. With Mercury going retrograde in the sign of relationships, we need all the help we can get. This Venus – Neptune alignment is one that can be absolutely beautiful – gentle, soft and loving, it promises compassion even in tough times.

### DO:

- Slip away on a magical weekend or evening with your lover – make it your mission to connect soul to soul. Open up and share your heart and watch how that love is returned tenfold.
- Something artistic or musical, magical or creative. Neptune and Venus operate on the same vibration, and when they connect in this way, they can inspire all of us in the most beautiful way possible.





### DON'T:

- Resist the magic. It's time to let go, surrender and to allow things to flow. Even if you're not in a relationship, this energy can be extremely healing for your past relationships and your relationship to yourself.



### VENUS SEXTILE PLUTO

Another great alignment! This is a more subtle energy but can still bring powerful primal attractions, intensified feelings and a good dose of sexiness to our lives. When the planet of beauty meets up with the planet of darkness, there's all kinds of smouldering energy around.



### DO:

- Indulge your darker side – dress up in leather, wear some sultry makeup, engage in flirty games with your lover, go on a daring date and enjoy exploring!

### DON'T:

- Get lost in power games or veer too much into the deep end – this alignment does have the potential to bring us all to a place of obsession or jealousy.



### VENUS SQUARE JUPITER

Although this is, technically, a square, which is said to be difficult, it's between the two great "benefic" planets. So, it can't be all that bad – can it? Let's find out:

### DO:

- Have fun, indulge in pleasure, spend a bit of money and spoil yourself. Give lots of love to everyone you meet and allow your heart to be wide open.



### DON'T:

- Go too far. At worst, this aspect can indicate us wasting money being overly generous, a hangover of some kind and regret over pushing the limits. Enjoy the ride, but have some limits, too.



## SUN TRINE SATURN

If you were looking for limits (see Venus square Jupiter), you've got it! The Sun's stable trine to Saturn ensures that we know where to draw the line and are ready to take responsibility.



### DO:

- Step up and take on a responsible role. Perhaps that just means realizing your own limits, and being a parent towards yourself.
- Structure something in your life so that it feels stable and secure. This can be money, a relationship or a career situation. There's nothing quite as satisfying with this aspect than doing the hard work.

### DON'T:

- Get too consumed by responsibility, or become overly focused on where you lack. Everyone has different strengths and weaknesses, and your weaknesses aren't all that you are. Insecurity will only stop you from doing your best.
- Take yourself too seriously. Remember to laugh, play and still have fun.

