

Cosmic Update

What To Do & What Not To Do
25 - 31 October, 2021

VENUS SQUARE NEPTUNE

Venus and Neptune have a lot in common. It's said that Neptune represents the "higher octave" of Venus, that this planet represents love in its highest form, spiritual artistry and creative talent. As you can see, these planets can work beautifully in tandem, but when they are misaligned, well, it can create problems.

Most of the issues we will have to do with unrealistic expectations and being caught in a web of our own fantasies. This is how we can best handle it:



DO:

- Realize that you could get caught up in a dream, a dream that has no roots at all in reality. As pleasant as dreams are, you do have to come back down to earth, so make sure you do so gently. Enjoy the fantasy, but know that's all it is.
- Set boundaries – financial and romantic boundaries, especially. Otherwise, you could find yourself walked all over and resentful because of it.

DON'T:

- Project a fantasy – especially a romantic one – onto someone. You could fall for the unavailable person, finding their unavailability a strong and irresistible attraction. If you catch yourself, you can avoid falling into a trap.
- Fall for any sob story. It's easy to get caught into a pattern of rescuing someone, but the only person you have a responsibility to rescue is yourself.



VENUS SEXTILE JUPITER

This is an aspect that can help with the tricky Venus-Neptune aspect going on this week. Planet Jupiter lends hopefulness, positivity, luck and optimum into any situation, and when linked to the equally benevolent lady Venus, this luck is increased tenfold.

So, even if we have some mishaps with Venus's square to Neptune this one can save the day, if we use the energy wisely and thoughtfully. It can bring in a cavalier, reckless vibe, so we do have to proceed with some caution.

DO:

- Have some fun. There is some escapism around this week, which doesn't have to be a negative thing. Go for a party with friends – safely – entertain, go shopping or do whatever you feel is fun. This alignment opens up the door to play.
- Open your heart. This is a great way to utilize this abundance comic energy, and is also supportive and works with the Venus- Neptune square, too. Allow yourself to love and be loved without conditions.



DON'T:

- Spend too much money. this can be a very happy-go-lucky aspect, an aspect which can make us feel like taking a chance. It can pay off, but with Venus and Neptune meeting in a square, we also have the chance of losing out.
- Overindulge. Venus in Sagittarius and Jupiter in Aquarius are the two party signs, and can leave us with a nasty hangover if we push it too far. This can be too much of a good thing!



SUN SQUARE SATURN

This is quite a sobering aspect, bringing in an air of discipline and structure to this week. However, it can also leave some of us feeling a touch insecure, and feeling weighed down with responsibilities, which pushes us further into the desire for escape.

We have to find a way to balance these cosmic aspects very wisely indeed, lest we fall into the twin traps of negativity and projection. Here's how we can do it:

DO:

- Shoulder the responsibilities coming your way. Just accept them, because fighting it will simply create unhappiness within you. When you do, you'll find yourself more than capable of carrying anything life throws at you.
- Find something to structure, or something you can limit yourself with. Saturn wants to say 'no', so if you can find something to say no to, something to take responsibility for, then this planet is satisfied. It can be as simple as staying away from wine this week, or refusing one obligation in order to take care of other business.



DON'T:

- Take yourself too seriously. Find time to play – the Venus-Jupiter aspect can help with the. Look for an outlet that allows you to have some fun and be with friends. This will lighten the heavy weight on your shoulders.
- Give in to your insecurities. You may feel like a failure, or that you're not good enough. But that's simply not true, you are more than enough, and it's important to feed your mind with positive affirmations.



MARS ENTERS SCORPIO

Mars finally leaves diplomatic Libra, the sign of his weakness, and enters his ancient home sign of Scorpio! This lends the warrior planet huge strength and allows us to take strategic action and do things in a careful and ambitious way. If we felt indecisive before, well, now's the time to take charge and let others know what's what!

This is also a hugely passionate placement for Mars, so don't be surprised if you find that your object of desire irresistible – you want what you want, and you know just how to get it!



DO:

- Strategize your action plan before implementing anything. Mars in Scorpio isn't impulsive – he's calculating and wise, even sly.
- Indulge in your passions, especially those of an – ahem – physical nature. Chemistry is at an all-time high for the next couple of months, which can be great for you, whatever your relationship status is.

DON'T:

- Be a bully. Mars in Scorpio is pushy and bossy, dominating and controlling at worst. Be careful of slipping into his trap, and take care to be kind and considerate of other's needs and desires.
- Be too stubborn. Mars in Scorpio can be an extremist, and it's win or die for this planetary placement. But it can come back to bite you if you're too stuck in your own ways. Be a bit flexible, yet at the same time, maintain and fight for what you want. It's a careful balance, as you can see!

